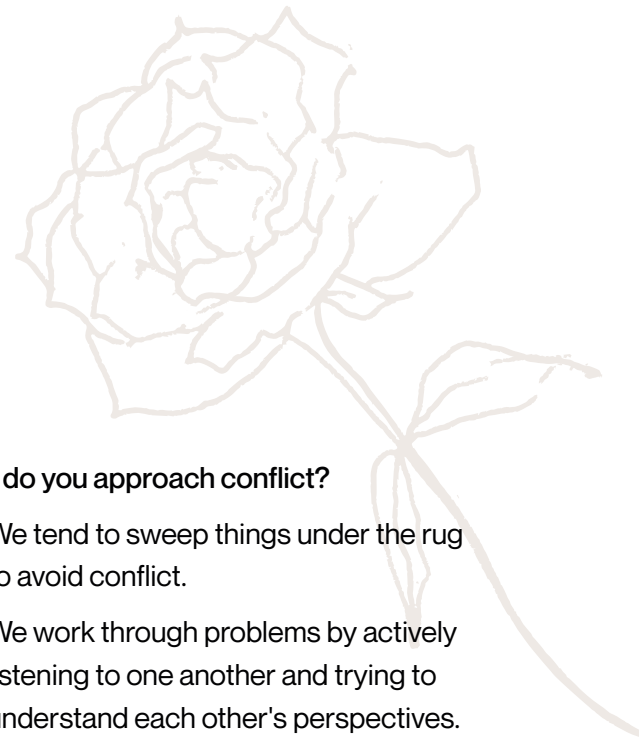


Ours

Do I love my partner, or am I in love?



- 1 When did your feelings develop?
 - a. Suddenly, I felt an instant connection and overwhelming excitement.
 - b. Over time, I gradually felt more comfortable and became drawn to their personality.

- 2 How do you feel when your partner interacts with others?
 - a. I often feel possessive and jealous when my partner gives attention to others.
 - b. I feel secure and confident in our relationship, knowing we share mutual goals and commitment.

- 3 How do you and your partner connect?
 - a. Sex.
 - b. A combination of sexual, physical, emotional, intellectual, and spiritual intimacy.

- 4 How do you think your partner views your flaws and imperfections?
 - a. I do my best to hide my flaws around my partner.
 - b. My partner accepts and understands my flaws as a part of me.

- 5 How do you feel around your partner?
 - a. Nervous and excited.
 - b. Calm and secure.

- 6 How do you approach conflict?
 - a. We tend to sweep things under the rug to avoid conflict.
 - b. We work through problems by actively listening to one another and trying to understand each other's perspectives.

- 7 How do you feel when your partner is away for a while?
 - a. I feel restless, anxious, or incomplete without them.
 - b. I miss them but can manage and feel okay independently.

- 8 How would you describe the love between you and your partner?
 - a. Romantic and passionate.
 - b. Caring and devotion.

Scoring:

Count the number of "a" answers and "b" answers separately.

a. _____ b. _____

More "a" answers suggest a feeling of being "in love."
More "b" answers indicate a deeper, mature love.